



DETAILS OF THE RD CORRESPONDENCE CLASS

FACULTY:

- 1) Mrs. Sushila Sharangdhar. RD
- 2) Ms.Padmashri Shanmugaraj, R.D

DURATION:

- **6 months** -1st April to 30th September, every year

ELIGIBILITY:

Graduates or Post graduates in Nutrition & Dietetics

COURSE CONTENT:

Notes for all the following seven subjects will be provided.

- **Food Microbiology,**
- **sanitation and hygiene,**
- **Human physiology,**
- **Physiologic and Metabolic Changes in Diseases**
- **Bio-chemistry,**
- **Human Nutrition and Meal Management,**
- **Diet Therapy (Theory),**
- **Nutrition Education and Diet Counselling**
- **Community Nutrition,**
- **Food Service Management**

MANUALS

Volume I

- Human Physiology
- Food Microbiology
- Community Nutrition



- Food Service Management

Volume II

- Biochemistry
- Human Nutrition & Meal Management
- Physiologic and metabolic changes in diseases

Volume III

- Diet Therapy
- Nutrition Education and Diet Counseling
- Clinical Parameters
- Abbreviations
- RDA Table
- Exchange List
- Case Studies
- Assignments

For your own benefit, we have made it MANDATORY that all the students to send in solved assignments and Mock RDs on time.

Remember!! More written practice means better time management and clear thinking on your exam day.

Kindly send the answers via mail on **diets@PrimeHealthConsultants.co.in**. Any other queries shall also be solved.

PLEASE NOTE:

- FAQs, assignments and mock RD exam answers will be corrected by our esteemed faculty in Mumbai. We shall provide you with the correct answers via email, only after submission of answers by you.



- *Photocopying and distribution of the course materials including the assignments, SAQs and mock RD paper is considered malpractice. Kindly do not indulge in the same!*

FEES:

- Rs. 8000+12.36% service tax **which is Rs.8989/- only. (For NRI Students, fees is Rs.12,000/-+10.3% service tax = Rs.13483/- only)** This includes cost of the 3 volumes of the study material, correction of assignments/mock RD answer sheets/SAQs as well as postal charges.
- Students from Mumbai can make the payment through cheque.
- Students out of Mumbai – Kindly make payment through a Demand Draft payable at Mumbai.

Last Date of registration for the course: 25th April 2012

FEES- PAYMENT DETAILS:

- Send your cheque / DD in the name of “Prime Health Consultants”
- Courier the cheque / DD to the following address:

Ms. Padmashri Shanmugaraj

Consultant Dietitian

Bldg No. 3B, Flat No. 1406, 14th floor, Dreams,

LBS Marg, Bhandup (W), Mumbai- 400078



WHAT OUR STUDENTS HAVE TO SAY ABOUT THE RD COURSE

“I found the exam guide produced by you to be very good and up to the point. The assignments seem to be like a question bank and it is very helpful. It gives a confidence for success.” - Ms.Sandhya Veeramony

“Big thanks for your wonderful job. I have done the R.D extremely well and it was possible only because of your notes. The SAQs were very good as I gained good knowledge. Your case study format was excellent. It is structured very well and is to the point. Your notes are fantastic. Once again, thanks to Sushila Madam and her wonderful team of R.D s.” - Ms.Ambika Nair

“This course has indeed been a great source of motivation for me. I joined the course not knowing what to expect from it, but today this course has given me more knowledge than I had anticipated. I am very happy that I've been a beneficiary from this very useful package offered by you.

I would like to congratulate the entire team for having taken such great efforts to undertake such an innovative program to benefit all the young nutritionists of India. This course is indeed one of its kind and a true achiever. I am sure with such efforts we'll see more and more RD's from India.” - Ms. Poorna Anand