



**Course: Certificate Course in Applied Nutrition & Dietetics**

**Duration: 6 months**

**Type: Correspondence/Online (E-Learning)**

**Eligibility**

Graduates from the field of science, medical/paramedical fields, dietitians, physiotherapists, sports medicine are eligible for this course.

Applicants should have a **Bachelor Degree / Provisional Certificate with mark lists** from an accredited college or university. These are crucial for your application.

Please ensure all the copies of these documents are attested.

**Syllabus:**

**Following are the course specific areas that will be covered step by step throughout the course period of 6 months.**

- Principles and Basics of nutrition and diet planning
- Nutrition throughout life cycle
- Therapeutic nutrition and diet planning- with Special emphasis on weight management, diabetes and heart diseases.
- Nutritional Biochemistry
- Applied Physiology
- Food Service Management/ Institutional Food Administration



**Detailed course schedule:**

<b>Subject code</b>	<b>Subject</b>	<b>Time</b>
<b>001</b>	Principles and Basics of nutrition and diet planning	50 hours
<b>002</b>	Nutrition throughout life cycle	35 hours
<b>003</b>	Nutritional Biochemistry	50 hours
<b>004</b>	Therapeutic nutrition and diet planning- with Special emphasis on weight management, diabetes and heart diseases.	50 hours
<b>005</b>	Applied Physiology	50 hours
<b>006</b>	Food Service Management/ Institutional Food Administration	35 hours
	<b>Final exams</b>	

**Dietetics Seminar\*:**

**SEMINAR:**

During the initial stages of the course all the candidates will be given one topic (latest researches) for the seminar which will have to be submitted before the final exams

**Assessment and Examinations:**

**Your grades will be decided on the following basis:**

- 1) **Subject specific MCQs:** - 25 marks

During the course of every subject the candidate shall login to his/ her online id and answer a set of questions respective to that subject online. This will be a one time login time lined process.

- 2) **Subject-specific Assignment-** 75 marks

After the completion of every subject the candidate shall submit the completed assignment to dietjobs@gmail.com

- 3) **Seminar-** 50 marks



Seminar material either in the form of a word document or as a powerpoint presentation to be sent via email before the end of the course. *Topic will be given after a fortnight of start of the course*

At the end of the course the candidate shall appear for the **final examination** of 500 marks (inclusive of the seminar marks).

The exact dates shall be announced well in advance.

**Fee Structure: ₹**

For Correspondence Course -14000 +12.36% service tax = **Rs.15730/- only** can be paid through cheque (For Mumbai residents only) or DD (For non-mumbai residents), payable at Mumbai.

For Online Course (**To start from June 2012**) -12000 +12.36% service tax = **Rs.13483/- only** can be paid through cheque (For Mumbai residents only) or DD (For non-mumbai residents), payable at Mumbai. *In order to opt for the online mode of studying, students are required to have internet connection since the course materials and tests will be available online only. No hard copies will be provided by us.*

**Fee Structure for International Students:** ₹ 20,000 +12.36% service tax = **Rs.22,472/-** can be paid by DD, payable at Mumbai or through Net-Transfer

Payable to **Prime Health Consultants** and couriered to

*Padmashri Shanmugaraj*

*Dreams, 3B/ 1406*

*Off. LBS Marg,*

*Bhandup (W)*

*Mumbai- 400078*

*India*

This includes fees for the course material, faculty assistance and examination fees.

**USP/ Uniqueness features:**

- **Certificates** on completion of the course will be provided by Asian Institute Of Health Sciences (AIOHS), an authorized learning center for Sikkim Manipal University. Visit [www.AIOHS.org](http://www.AIOHS.org) for more details on the Institute.



- **One month Internship and Practical training** provided, where successful candidates will be placed as Trainee Diet Advisors at Prime Health Consultants
- Up-to-date study material compiled by Registered Dietitians with 30+ years of experience in the field of Dietetics and Nutrition
- Question bank provided at the end of each chapter helps self-evaluation
- Comprehensive introduction to nutrition science and dietetics
- Regular tests and assessments
- Job assistance/ visibility provided for successful candidates

For any other queries, kindly mail us at [\*\*diets@PrimeHealthConsultants.co.in\*\*](mailto:diets@PrimeHealthConsultants.co.in)